COTSWOLD COUNSELLING

PRIVATE PRACTITIONER LIST 2022

*All counsellors listed have either previously worked for Cotswold Counselling or are known to the organisation, and work within the ethical framework of BACP or UKCP.*

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| **Counsellors working with young people (11-18 years)** |
| **Name** Richard Atkinson**Qualifications** Integrative and Humanistic Counsellor in training (BCPC)**Client Groups** Individuals, Young people (13-18) and Couples**Place of work** Nailsworth and Cirencester**Contact details**07828578416   richardatkinson1963@btinternet.com **Fee Structure** £50 individuals, £70 couples**Day and times available** Nailsworth  |
| **Name** Sue Bearder MBACP**Qualifications** Diploma in Therapeutic Counselling, Advanced Specialist Training in Counselling Children and Young People (NCS) **Client Groups** Adults, Children and Young People**Specialisms** Relationships, trauma, anxiety and depression, low self-esteem, existential difficulties**Place of work** Central Cirencester**Contact details** 07817315619**Fee Structure** £45 per 50-minute session / initial telephone consultation free.Individual counselling face to face, online via Zoom or telephone.**Day and times available** Mon - Thurs a variety of daytime and early evening sessions available |
| **Name** Jane BlackhurstUKCP Accred MBACP**Qualifications** MA Psychotherapy,PG Diploma in Psychosynthesis Counselling, M.MED SCI Human Nutrition**Client Groups** Individuals, Couples & Young People**Specialisms** Trauma & dissociation, eating disorders, spiritual issues, autistic spectrum, learning difficulties, young people with challenging behaviour, anxiety & depression, relationship issues, bereavement, stress and anger, loss of meaning, life crisis.  Transpersonal Psychosynthesis (integrative)**Place of work** Chalford**Contact details** 07814 622662, 01453 882935 email: jane@conscious-living.co.uk    Website: www.conscious-living.co.uk**Fee Structure**£40 individuals, £45 couples, (some low-cost places)**Day and times available** Mon to Fri and evenings – flexible |

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| **Name** Helen Fenton**Qualifications** Diploma in Therapeutic Counselling - City of Bristol College**Client Groups** Adults, young people, and children (from 6 years.).**Specialisms** Integrative approach. Creative and play-based counselling for children.**Place of work** Nailsworth & Cirencester. Home visits also available.**Contact details** helenfenton@hotmail.com, 07720 849679**Fee Structure** £40 per session (50 minutes)**Day and times available** Thursday afternoon and evening – Nailsworth,Cirencester by arrangement. |
| **Name** Jess Gailey PNCPS (acc.)**Qualification** Diploma in Therapeutic Counselling; Level 5 Counselling Children and Young People**Client Groups** Adults and children over 11 years. **Specialisms** Anxiety and overwhelm, school difficulties, neurodivergence (whether diagnosed or not), issues with identity, dealing with trauma.**Place of Work**:  Stroud **Contact Details:** [www.bergamotroom.co.uk](http://www.bergamotroom.co.uk) 07485 560452 jess@bergamotroom.co.uk **Fee Structure**: £60 for 1 hour**Days and times availability**:  Wednesdays to Fridays |
| **Name** Sophie Graham**Qualifications** Diploma in Humanistic and Integrative Counselling, Advanced Practitioner in EFT, Practitioner in NLP, foundation in solution Focussed Therapy**Client Groups** Adults & Adolescents**Place of work** Cirencester **Contact details** 07787173471**Fee Structure** £40**Day and times available** Tues/Wed/Thurs |
| **Name**Athena Harper**Qualification**Level 4 Diploma Therapeutic Counselling, Level 2 Certificate in Children and Young people's Mental health, 10 Years Boarding School experience (Houseparent) **Client groups**Adults, young people (11-18yrs)**Specialisms**anxiety & depression, burn out, young people mental health, stress, self-esteem, trauma, general counselling**Place of Work**Zoom, Mon/Thurs/Fri daytime/evenings, or face to face in Paignton, Devon**Contact details**Mobile 07501 079 717, Email athenaharpertherapy@gmail.com, Website [www.devonclinic.co.uk](http://www.devonclinic.co.uk) **Fee Structure**£40 **Day and times available**Mon, Thurs. Fri daytimes, evenings upon request |

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| **Name** Wanda Howell BSc Hons DipHE MBPsS MBACP**Qualifications** Counselling DipHE, Psychology BSc Hons, in final year of Counselling Psychology PhD **Client groups** Adults, young people (11-18yrs)**Specialisms** gender Identity, LGBTQIA+, pre-post natal issues, depression, anxiety, addictions, abuse, adolescents, affairs, anger and anger management, bereavement, bullying, chronic and life-limiting illnesses, family issues, emotional abuse, low self-esteem and lack of confidence, PTSD, rape, self harm, marital difficulties, intimacy issues, suicidal thoughts, panic, men's issues**Place of work** Wiltshire, online**Contact details** [www.wandahowell.com](http://www.wandahowell.com) wanda@wandahowell.com 07590561087 **Fee Structure** £60 per 50-minute session (discounted rates available)**Day and times available** Mon-Weds 9am-8pm  |
| **Name**Katherine Mather**Qualifications** Diploma in Therapeutic Counselling. Specialist post-qualifying training completed to work with Children & Young People**Client groups** Adults, Young People (11-18yrs), Children (aged 9+)**Specialisms** Anxiety, low mood, anger, grief and loss, illness, life stages, relationships, identity issues, low self-esteem/confidence, education and workplace difficulties **Place of Work** In-person sessions in Dursley. Remote counselling available via Zoom or telephone**Contact details** [www.katherine-mather.com](http://www.katherine-mather.com)  /  khmather@protonmail.com  /  07490 805962**Fee Structure** £45 per session**Day and times available** In-person sessions available mid-afternoon to early evening, Wednesday and Friday. Zoom or telephone sessions at other times on weekdays. |
| **Name** Clare Osborne**Qualifications** Psychotherapeutic Counsellor.  Diploma in Humanistic and Integrative Counselling – BCPC, UKCP (Accred.).  Member of BACP.**Client Groups** Adults, young people (18-24yrs)**Place** **of Work** Swindon, Newbury and Marlborough- currently Zoom & Telephone only.**Contact details**  07818721216, :  clareosbornecounselling@gmail.com**Fee Structure** £40 for 50-minute sessions (online or on the phone), £30 concession rate for keyworkers and 18-25yr-olds (online and on the phone). |

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| **Name** Lucy Reid**Qualifications** MA in Psychotherapy and Counselling, PG Cert in Couple and Individual Psychodynamic Counselling and Psychotherapy. Member BACP.**Client groups** Adults, young people (13-18yrs), couples**Specialisms** Anxiety, depression, anger, family crises, past traumatic events including physical and sexual abuse**Place of work** Central Cirencester and Notting Hill, London. **Contact details** 07572 990 323,  lucyreidpsychotherapy@gmail.com  **Fee Structure** Free initial phone consultation (15 mins); £50/hour individuals, £60/hour couples. Concessions available. Flexible for Zoom, Face to Face or Telephone meetings **Day and times available:** Weekdays, daytime and evening |
| **Name** Fi Rand**Qualification** Level 6 Diploma in Humanistic and Integrative Counselling, BCPC. MBACP. **Client groups** adults, young people (11-18yrs)**Specialisms**  anxiety & depression, bereavement, burn out, life transitions, loss, relationships.**Place of Work** Nailsworth**Contact details** 07811681944, fiona@thegreenplacecounselling.co.uk, [www.thegreenplacecounselling.co.uk](http://www.thegreenplacecounselling.co.uk)**Fee Structure** free initial 20 minute phone call. £55 per 50 mins**Day and times available** Monday and Wednesday daytimes, some evenings |
| **Name** Saira Todd**Qualifications** MA Integrative Arts Psychotherapy**Client Groups** Adults, adolescents and children from 5 years.**Specialisms** Humanistic approach, Integrative Art Therapy**Place of work** Chalford**Contact details** 07808173796**Fee Structure** £45 adults, £45 young people**Day and times available** Flexible |